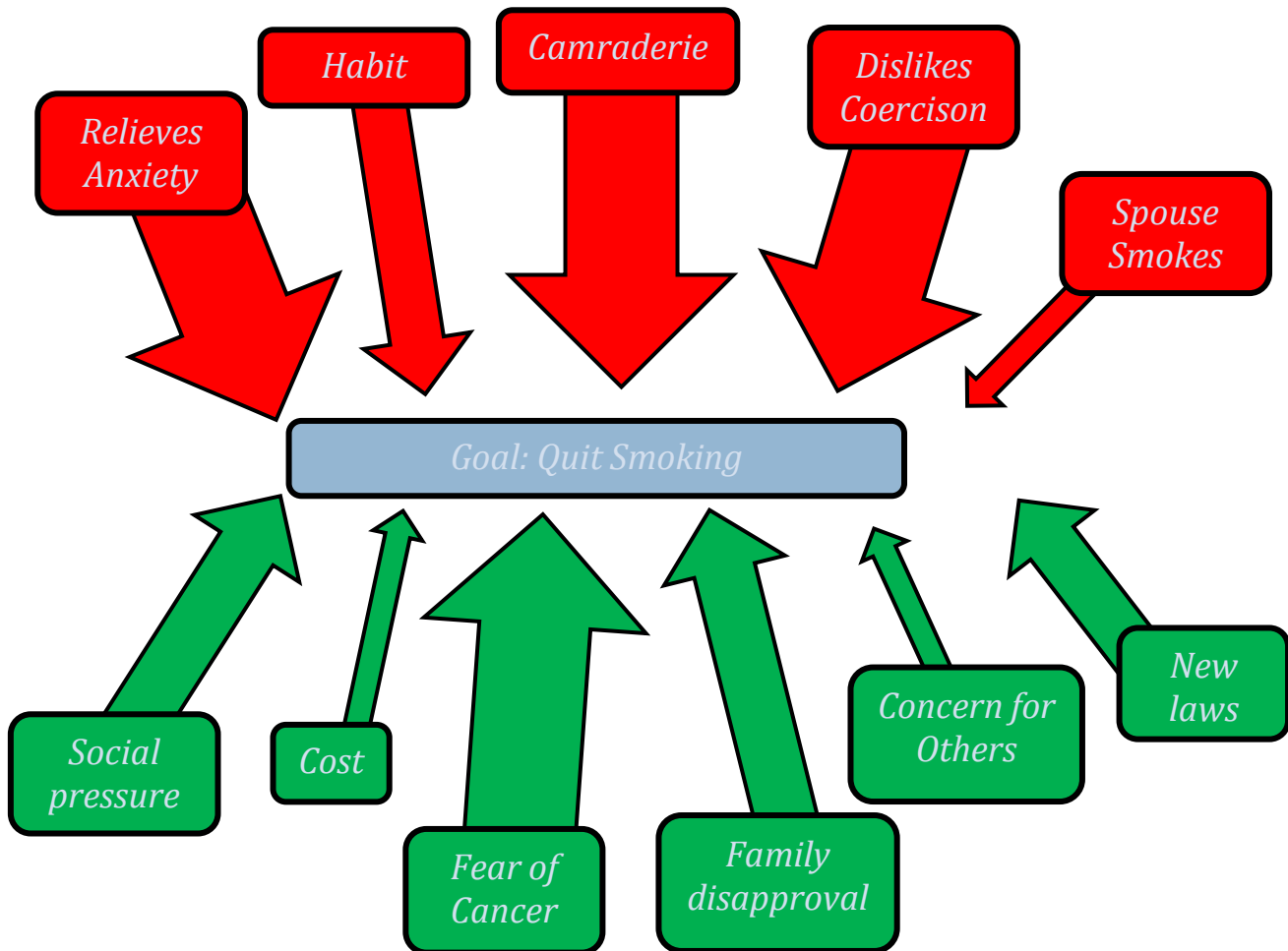


Sample ChangeMap: Quitting Smoking

Negative Forces (will HINDER Change Efforts. Need to discourage)



Positive Forces (Will HELP Change efforts) Need to encourage where possible

Source: K Weisbord, M. (1991). Productive Workplaces: Organizing and Managing for Dignity, Meaning, and Community. San Francisco: Jossey-Bass. P. 79

